

Day - 1

- **Morning: Introduction to AppSec services**
 - o What are AppSec services?
 - o Why are AppSec services important?
 - o The different types of AppSec services available
 - o Discussion: The benefits of using AppSec services
- **Afternoon: Choosing and managing AppSec services**
 - o How to evaluate AppSec service providers
 - o How to choose the right AppSec services for your organization's needs
 - o How to manage AppSec engagements effectively
 - o Hands-on exercise: Evaluating AppSec service providers

Day - 2

- **Morning: Using AppSec findings to improve security**
 - o How to review and prioritize AppSec findings
 - o How to remediate security vulnerabilities
 - o How to integrate AppSec findings into the software development lifecycle
 - o Discussion: Best practices for remediating security vulnerabilities
- **Afternoon: Hands-on exercises**
 - o Scanning a software application for security vulnerabilities
 - o Reviewing AppSec scan findings
 - o Remediating security vulnerabilities

Day - 3

- **Morning: Case studies of AppSec services in action**
 - Discussion: Challenges of using AppSec services
- **Afternoon: Q&A and discussion**
 - Discussion: The future of AppSec services